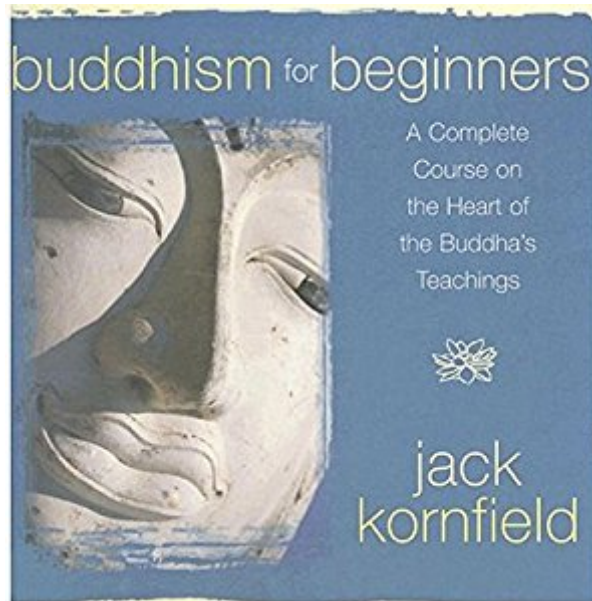




Ebook Directory
the best source of ebook

The book was found

Buddhism For Beginners [Jack Kornfield]



Synopsis

At the heart of all Buddhist wisdom lies one astonishing truth: that a way out of suffering and into a more deeply fulfilling life is not a myth, but a reality available to you through the power of skillful inquiry. With *Buddhism for Beginners*, celebrated teacher and author Jack Kornfield invites us to experience the gifts of this vast spiritual tradition. Created specifically to address the questions of first-time students, this fulllength retreat guides participants through Buddhism's cornerstone teachings, the principles of meditation practice, wisdom stories, traditional parables, and inspiring true accounts distilled from Buddhism's far-reaching legacy. --This text refers to an out of print or unavailable edition of this title.

Book Information

Audible Audio Edition

Listening Length: 9 hours and 1 minute

Program Type: Audiobook

Version: Original recording

Publisher: Sounds True

Audible.com Release Date: June 7, 2007

Language: English

ASIN: B000RWCC8O

Best Sellers Rank: #78 in Books > Audible Audiobooks > Religion & Spirituality > Buddhism & Eastern Religions #97 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Rituals & Practice #12793 in Books > Religion & Spirituality

Customer Reviews

Easy listening, helpful to understanding. Kornfield has a nice listening manner and voice, even adds humor.

Buddhism is a must for everyone to read and understand. This takes you on the road of lifepointing out what is important and what is not. Insight is not easy when we live in a world where possessions are the only thing that are supposed to make you happy

Great!!!

If you are interested in Buddhism this is the book for you! Jack Kornfield is amazing and really

paints the perfect picture of Buddhism! Its a must have.

Very informative.

As a beginning practioner, with little time now to look for a personal teacher, I depend on learning from some of the great teachers, by print or audio media. I found Jack Kornfield's teachings, on this audio course, to be insightful, easy to follow, well illustrated with examples and peppered with his delightful sense of humor. I can only hope to meet him some day. I would highly recommend this audio course to anyone interested in Buddhist philosophy and would wish that some of our world leaders would buy a copy as well!

This is the best talk I've listened to. I've listened several times over several years and it gets better each time (or perhaps I get wiser). Kornfield is both wise and funny. I highly recommend that you get this at Audible for two reasons 1) It is much cheaper (\$34 on Audible if you don't have a subscription) and on Audible you can increase the playback speed. I found it very comfortable at 1.5x speed. Of course you will need a device (such as iPhone or Android) to play it on.

This is a wonderful introduction to Buddhism - immediately understandable to a Western audience and full of meaning. Jack Kornfield is a rare teacher - intelligent and funny. I was very sad to reach the end of this series, and will probably listen to it again. I can't recommend it highly enough - it's wonderful.

[Download to continue reading...](#)

Buddhism: Beginner's Guide to Understanding The Essence of True Enlightenment (Buddhism, Buddhism Beginners, Buddhist Books, Buddhism Books, Zen Buddhism Book 1) Buddhism for Beginners [Jack Kornfield] Buddhism: Beginner's Guide to Understanding & Practicing Buddhism to Become Stress and Anxiety Free (Buddhism For Beginners, Buddha, Zen Buddhism, Meditation for Beginners) Buddhism: Beginner's Guide to Understanding & Practicing Buddhism to Become Stress and Anxiety Free (Buddhism, Mindfulness, Meditation, Buddhism For Beginners) BUDDHISM: Buddhism For Beginners: How To Go From Beginner To Monk And Master Your Mind (Buddhism For Beginners, Zen Meditation, Mindfulness, Chakras) Zen Buddhism: How Zen Buddhism Can Create A Life of Peace, Happiness and Inspiration (Zen Buddhism for Beginners, Zen, Zen Books) Buddhism: Buddhism for Beginners: The Complete Introduction to Buddhism: Meditation Techniques, Acceptance, & Spiritual Practice (Buddhist, Meditation, ... Zen,

Inner Peace, Dalai Lama Book 1) BUDDHISM: 50 Buddhist Teachings For Happiness, Spiritual Healing, And Enlightenment (Buddhism For Beginners, New Age Meditation, Dalai Lama, Zen Buddhism, Spiritual Guide, Stress Free, Dharma) BUDDHISM: for Beginners! From Dummies to Expert. Beginners Guide for Learning the Basics of Buddhism (Zen, Meditation, Dalai Lama, Yoga, Buddha, Dharma, Happiness) Three Jack Reacher Novellas (with bonus Jack Reacher's Rules): Deep Down, Second Son, High Heat, and Jack Reacher's Rules Detective Jack Stratton Mystery Thriller Series: JACK KNIFED (Detective Jack Stratton Mystery-Thriller Series Book 2) Burning for the Buddha: Self-Immolation in Chinese Buddhism (Kuroda Studies in East Asian Buddhism) Buddhism After Patriarchy: A Feminist History, Analysis, and Reconstruction of Buddhism Tsung Mi and the Sinification of Buddhism (Kuroda Studies in East Asian Buddhism) Buddhist Quotes: Meditation, Happiness, Inner Peace.: Spirituality and Buddhism: Bouddha, Zen, Thich Nhat Hanh, DalaÃfÂ -LamaÃçâ -Â| (Buddhism, Bouddha, Buddhist ... & Spirituality, DalaÃfÂ Lama, Zen. Book 1) The Birth of Insight: Meditation, Modern Buddhism, and the Burmese Monk Ledi Sayadaw (Buddhism and Modernity) 5 BOOKS ON HINDUISM AND BUDDHISM. THE ESSENCE OF BUDDHISM, THE LIGHT OF ASIA, HINDU LITERATURE, THE SONG CELESTIAL OR BHAGAVAD-GITA, INDIAN POETRY (Timeless Wisdom Collection Book 4750) The Collected Works of Edwin Arnold: Buddhism & Hinduism Writings, Poetical Works & Plays: The Essence of Buddhism, Light of the World, The Light of Asia, ... The Japanese Wife, Death--And AfterwardsÃçâ -Â| Collected Works of Edwin Arnold: Buddhism and Hinduism Studies, Poetry & Plays (Illustrated): The Essence of Buddhism, Light of the World, The Light of ... The Japanese Wife, Death--And AfterwardsÃçâ -Â| Buddhism: The Complete Guide Of Buddhism, 2nd Edition, Everything You Need To Know To Practice Buddhist Teachings In Your Everyday Life

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)